



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

Overarching case scenario 86

**AGE AND GENDER** Male Aged 55 years

**ETHNIC BACKGROUND** Caucasian

**OCCUPATION AND HOBBIES** Boutique Hotel Owner – lots of admin as well as maintenance jobs around the hotel. Hobbies: sea angling, sailing. Driver

**PRESENTING SYMPTOMS AND HISTORY** Had an eye test three weeks ago. Not much change in the prescription so habitual specs were not changed but had some sunglasses made for sailing & sea angling. Since the collection of the new sunglasses, feels that the vision in them is not as clear as the clear specs. Is complaining of eye strain and may be slightly blurred vision with the sunglasses at distance and near. Dispensing optician has adjusted the fit, the multifocal lens design is the same as the clear specs. Focimetry has shown that the prescription matches what was ordered. This is a recheck appointment

**GENERAL HEALTH AND MEDICATION** No change since the last test – all good. Is a smoker but there are no other health concerns

**PRESENT Rx, CENTRATION AND ACUITIES** Spectacles 2 years old Varilux Physio, ocd= 64mm. Sunglasses Varilux Physio, Brown tint, ocd -64mm.

RE: -6.75/-0.50 x 20

LE: -7.25/-0.25 x 160 bvd = 15mm (sunglasses fit) and bvd = 12mm (the clear specs)

Add measured as +1.75DS in both specs.

VA RE: 6/7.5 N6 LE: 6/7.5-2 N6 with sunglasses

VA RE:6/6, N5 LE: 6/6-2, N5 with clear specs

PD/NCD 64/61 at 40cm

**REFRACTION** at last eye test (three weeks ago)

RE: -6.75/-0.50 x 25 Add +1.75

LE: -7.25/-0.25 x 155 Add +1.75

bvd = 11mm.

VA Distance RE: 6/6 LE: 6/6

Near RE: N5 LE: N5

**PUPIL REACTIONS** direct, consensual and near reflexes present

**FUNDUS EXAMINATION** as per the eye test three weeks ago.

**FIELDS** not carried out at this recheck appointment

**IOP** not carried at this recheck appointment

**EXTERNAL EYE EXAMINATION** View during direct ophthalmoscopy was clear, no redness, no lesions or opacities noted.